



“Lose Weight Gain Muscle”

The following fees are associated with the Triple Burn Weight Loss program. All include A) diet, B) nutraceuticals, and C) exercise program.

A) Diet - 6 weeks, weekly emails [the PRL program] - \$299

B) Nutraceuticals - \$108-\$155 - depends upon the details of your program

1. Weight off drops - \$27
2. Weight management formula - \$33
3. ALO drops - \$27
4. Phyto-metabolize - 30 days - \$48
5. Immunosynbiotic - 30 days - \$27
6. Glutamine - 30 days - \$20

C) Exercise - Myoride Fitness Clinical Exercise 6-week program - \$450

Triple Burn Programs

A) Triple Burn “Silver” Program - \$499 - 6 week program (not including nutraceutical cost)

1. Diet program [weekly emails over 6 weeks]
2. Nutraceuticals
3. Myoride Fitness Clinical Exercise program
4. Weight loss journal
5. Recipes

B) Triple Burn “Gold” Program - \$724 - 6 week program (not including nutraceutical cost)

1. Everything in Silver plan
2. Dr. Lind weekly 10-minute diet and weight loss consultations